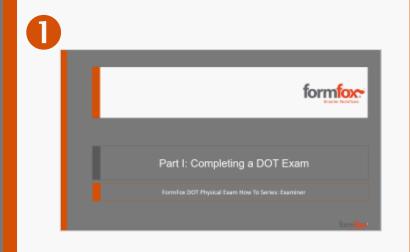
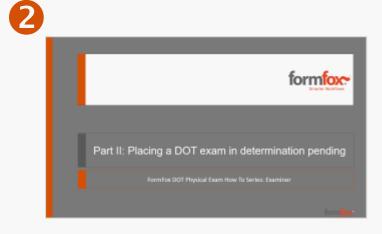
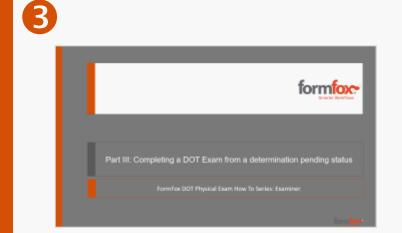
# **Table of Contents**



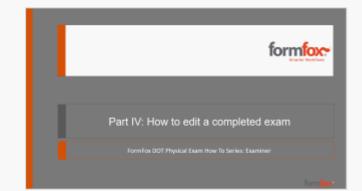
Part I: Completing a DOT Exam



Part II: Placing a DOT exam in determination pending



Part III: Completing a DOT exam from a determination pending status



Part IV: How to edit a completed exam



# Part I: Completing a DOT Exam

FormFox DOT Physical Exam How To Series: Examiner



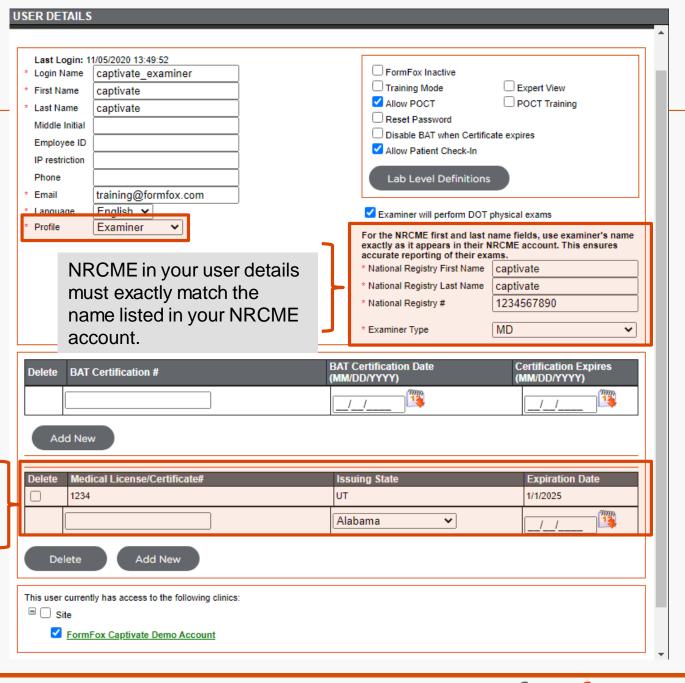
#### FormFox User Details - Examiners

#### What information is stored under my FormFox login?

- National Registry First and Last Name
- National Registry #
- Examiner Type
- Medical License/Certificate #

If you need to make any updates to your user details, please contact your clinic manager/site administrator.

If you can perform DOT Physical Exams in different states, you must have a medical license/certificate # for each state in your FormFox account.



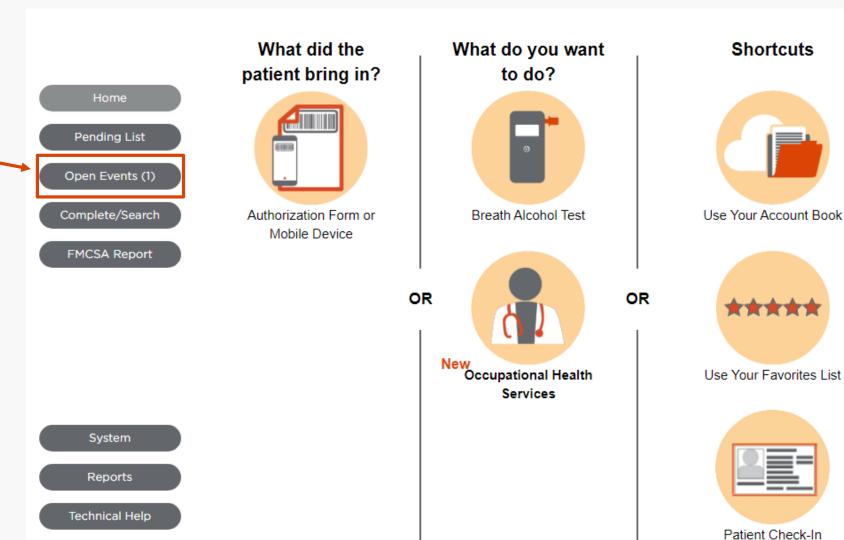


#### How do I access suspended exams?

Medical Support Staff (MSS) will suspend the DOT Physical Exam after they are done collecting/reviewing the patient's information, health history, and vitals. Suspended exams are stored in Open Events.

Click on the **Open Events** button when you are ready to open the patient's exam.

If you are responsible for collecting/reviewing patient information, health history, and vitals, please view our DOT Physical Exam training for Medical Support Staff.



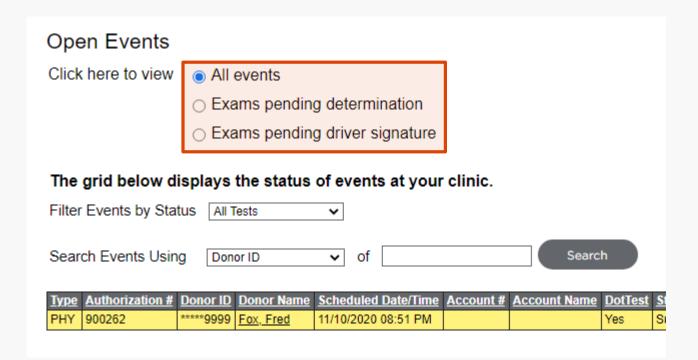


#### **Open Events**

All Events: This view shows test events that are either *in process* (MSS/examiner is currently working on the event) or *suspended*. This list is where you will pull DOT Physical exams ready for the exam and certification.

**Exams pending determination**: Exams placed in pending determination will be stored in this list for the 45-day waiting period.

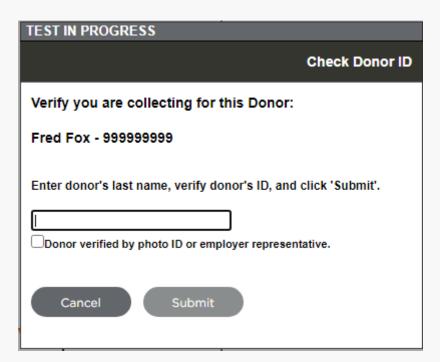
**Exams pending driver signature**: If the patient opted to sign their amended exam via text, exams waiting on the patient to sign will appear in this list. Once the patient signs, the completed exam will be moved to the Complete/Search list.





## **Verify the patient**

Verify the patient by typing the last name in the text field and selecting the checkbox confirming that they have been verified by photo ID or employer representative.

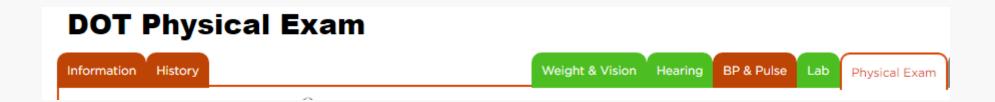




#### What do the tab colors mean?

As an examiner, you will have access to all tabs in the workflow. Please take a moment to review the information in each tab with the patient prior to moving forward with the physical exam.

- Orange Tab: Comments or data in these tabs might affect the overall certification. Please review these tabs before assigning a certification.
- Green Tab: Comments or data entered in these tabs are within the normal range.
- White Tab with Orange Text: The tab you are currently working on.





#### **Medical Examiner Comments**

Please review the **Information** and **History** tabs prior to performing the Physical Exam.

On the **History tab**, if the patient answered "Yes" or "Not Sure" to any of the 32 questions listed, their responses would appear in the comments section. As the examiner, you will provide a comment for each question that appears in this section. Click on the Click Here link to add a comment.

You answered "YES" to a question(s). Please comment further on those health conditions

Medical Examiner's Comments

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

Driver's Comments

Q14 - Diagnosed with anxiety and depression in February 2016.

Examiner's Comments

Click here to enter the comment on answer to question 14.

Information Fields marked with an asterisk (\*) are required, after answering all the history questions please review and click "Submit Do you have or have you ever had: Not Yes No Sure Yes No Sure \* 1. Head/Brain injuries or illnesses (e.g., concussion) \* 16. Di: Seizures, epilepsy \* 3. Eye problems (except glasses or contacts) 4. Ear and/or hearing problems \* 19. Mi \* 5. Heart disease, heart attack, bypass, or other heart problems \* 6. Pacemaker, stents, implantable devices, or other heart procedures 7. High blood pressure 8. High cholesterol 9. Chronic (long-term) cough, shortness of breath, or other breathing problems \* 10. Lung disease (e.g., asthma) 11. Kidney problems, kidney stones, or pain/problems with



20. N€

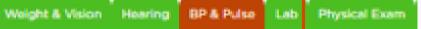
21. Bc

26. Ha

## **Capture the Patient Signature and click Submit**

27. Have you ever spent a night in the hospital? III • 12. Stomach, liver, or digestive problems 28. Have you ever had a broken bone? 13. Diabetes or blood sugar problems 29. Have you ever used or do you now use tobacco? 14. Anxiety, depression, nervousness, other mental health 30. Do you currently drink alcohol? 31. Have you used an illegal substance within the past two years? 15. Fainting or passing out 32. Have you ever failed a drug test or been dependent on an illegal Other Health Condition(s) not described above ○ Yes ® No If you have additional comments, add Medical Examiner's Comments them in this comment text box. Review and discuss pertinent driver answers and any available medical records. Comment on You answered "YES" to a question(s). Please comment further on those health conditions the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CM/V). Driver's Comments Examiner's Comments Q16 - Migraines 2-3 times a month. Q16 - Recommend follow-up with provider After you are done adding comments, you Medical Examiner's Additional Comments will capture the patient's signature and click Submit. \*\*Always click Submit to save any Patient Signature updates.





## **Physical Exam tab**

Entered comments will appear in this section.

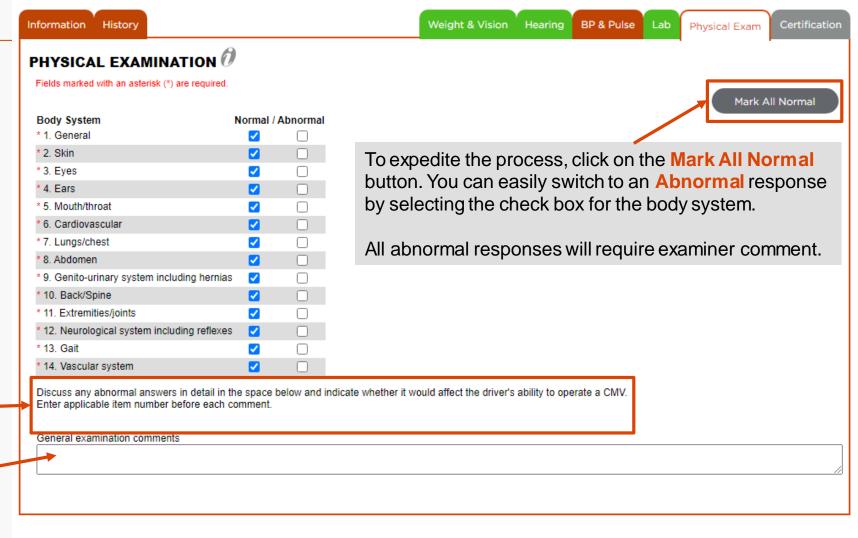
Another comment box is available here.

#### **DOT Physical Exam**

Close

Suspend

Submit





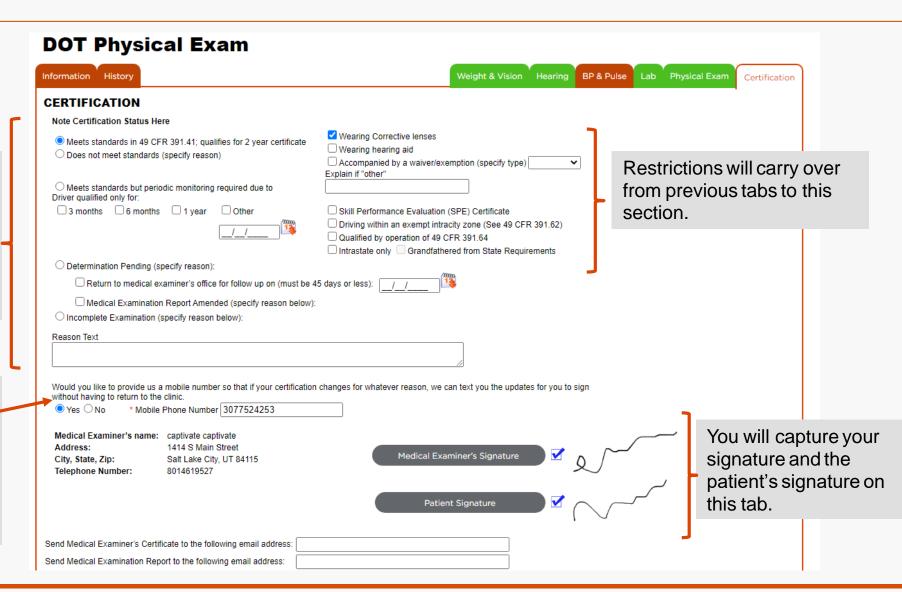


#### **Certification Tab**

Select a Certification Status based on the information entered in the previous tabs. Make sure to enter comments if prompted.

**Determination Pending will be** discussed in Part II.

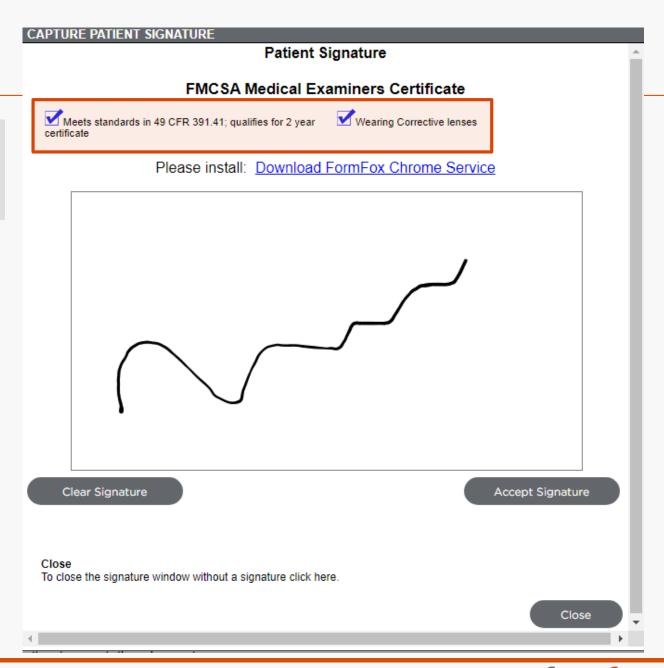
Patients can opt to receive text updates regarding any changes to their certification. If "Yes" is selected, enter their mobile phone number. This option will allow patients to sign on their smart phone if needed instead of having to return to the office.





# **Patient Signature**

The details of the certification will appear in the signature window. The patient will be able to see the certification length, that the exam was amended (if applicable), and any restrictions.





#### **Distribution of MER and MEC**

#### Both the MER and MEC can be sent to an email address.

Send Medical Examiner's Certificate to the following Send Medical Examination Report Send Med	
BILLING INFORMATION	
Select Medical Examination Report and Medical Exa	uminers Certificate buttons to generate these documents.
Medical Examination Report Finish	Medical Examiner's Certificate  Suspend  Reprint Medical Examiner's Certificate
Examiner must distribute exam documents	
	You will need to click on both the <b>Medical Examination Report</b> and the <b>Medical Examiner's Certificate</b> buttons in order to activate the <b>Finish</b> button.



#### **Distribution of MER and MEC**

If the exam was pre-ordered, both the MER and MEC will automatically be distributed back to the ordering entity.

If the exam was started from scratch, you will need to make sure to distribute the MER and MEC by the communication method easiest for you. (For example, email or fax.)

Additionally, the exam will be automatically reported to the NRCME on the examiner's behalf if the examiner has requested FormFox to be listed as the TPO. If you need additional help with this step, contact the implementation team at 877-376-3691 opt 3 or <a href="mailto:training@formfox.com">training@formfox.com</a>.

Send Medical Examiner's Certificate to the following email address  Send Medical Examination Report to the following email address:  BILLING INFORMATION	:	
Select Medical Examination Report and Medical Examiners Certificate	buttons to generate these decuments	
	aminer's Certificate Suspend	Reprint Medical Examiner's Certificate
Examiner must distribute exam documents		





# Part II: Placing a DOT exam in determination pending

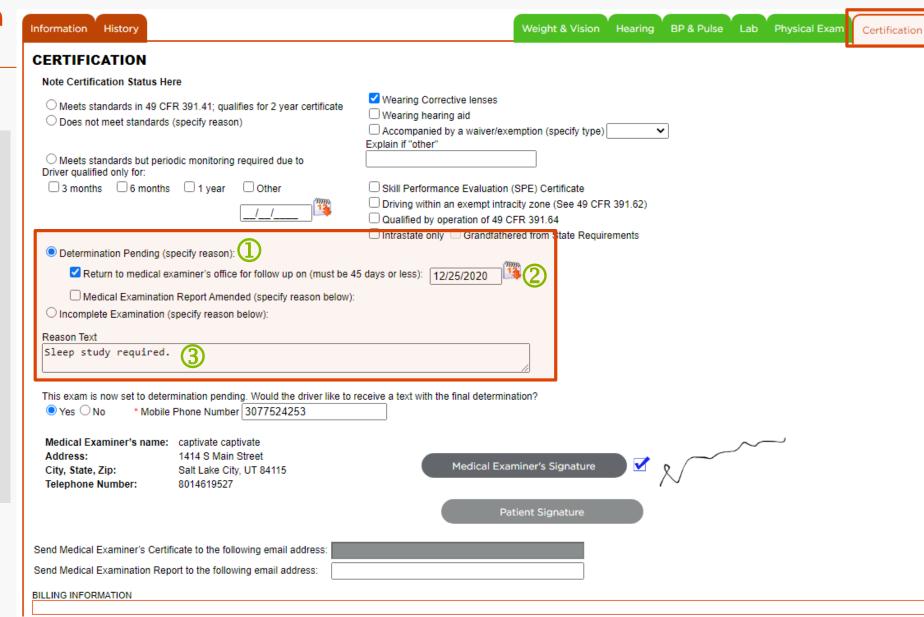
FormFox DOT Physical Exam How To Series: Examiner



#### How to place an exam in Determination Pending

#### Where: Certification Tab

- Click on the Determination Pending (specify reason) radio button.
- Select Return to medical examiner's office for follow up on (must be 45 days or less) checkbox. The date will auto-populate.
- Enter the reason for placing the exam in a determination pending status in the Reason Text field.





#### How to place an exam in Determination Pending

#### Where: Certification Tab

4. Ask the patient if they would like to receive a text with the final determination.

If "Yes," enter their Mobile Phone
Number in the text field. Selecting
this option means that the patient
does not have to physically return to
the clinic for the amended exam.
Instead, they will receive a text
requesting their signature for the
amended exam. After signing, they
will view the completed Medical
Examiner's Certificate.

Note: This setting only works with a smartphone. If the patient does not have a smartphone, select "No."

If "No," the patient will need to return to your clinic in order to sign and complete the amended exam.

1	Information History		Weight & Vision	Hearing	BP & Pulse	Lab	Physical Exam	Certification
	CERTIFICATION							
	Note Certification Status Here  Meets standards in 49 CFR 391.41; qualifies for 2 year certificate	✓ Wearing Corrective lens	ses					
	O Does not meet standards (specify reason)	Wearing hearing aid Accompanied by a waiv Explain if "other"	ver/exemption (specify type)	~	•			
	<ul> <li>Meets standards but periodic monitoring required due to Driver qualified only for:</li> </ul>							
	☐ 3 months ☐ 6 months ☐ 1 year ☐ Other	☐ Skill Performance Evalu ☐ Driving within an exemp ☐ Qualified by operation of ☐ Intrastate only ☐ Gr	ot intracity zone (See 49 CFF of 49 CFR 391 64					
	Determination Pending (specify reason):	_ initiastate only _ on	The driver has opted certificate. When the			_	_	
	Return to medical examiner's office for follow up on (must be 45)	days or less): 12/25/20	distribute the MER a		_			lically
	Medical Examination Report Amended (specify reason below):							
	O Incomplete Examination (specify reason below):							
	Reason Text Sleep study required.							OK
	This exam is now set to determination pending. Would the driver like to red  Yes No * Mobile Phone Number 3077524253	ceive a text with the final de	termination?					
	Medical Examiner's name: captivate captivate Address: 1414 S Main Street			_		~~		
	Address: 1414 S Main Street City, State, Zip: Salt Lake City, UT 84115 Telephone Number: 8014619527	Medica	al Examiner's Signature		2			
			Patient Signature					
	Send Medical Examiner's Certificate to the following email address:							
	Send Medical Examination Report to the following email address:							
	BILLING INFORMATION							



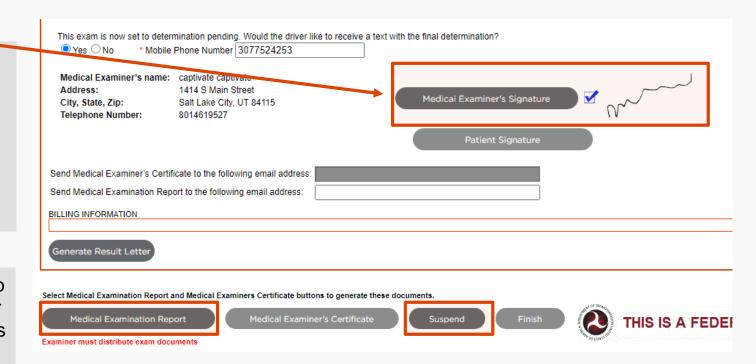
#### How to place an exam in Determination Pending

You will capture your signature as the medical examiner.

The patient's signature is not captured at the time that you place their exam in determination pending.

The patient's signature will be captured when a certification is assigned.

Click on the **Medical Examination Report** button to view the document at this point of the process. After viewing the MER, click on the **Suspend** button. This will place this exam on your **Open Events** page.







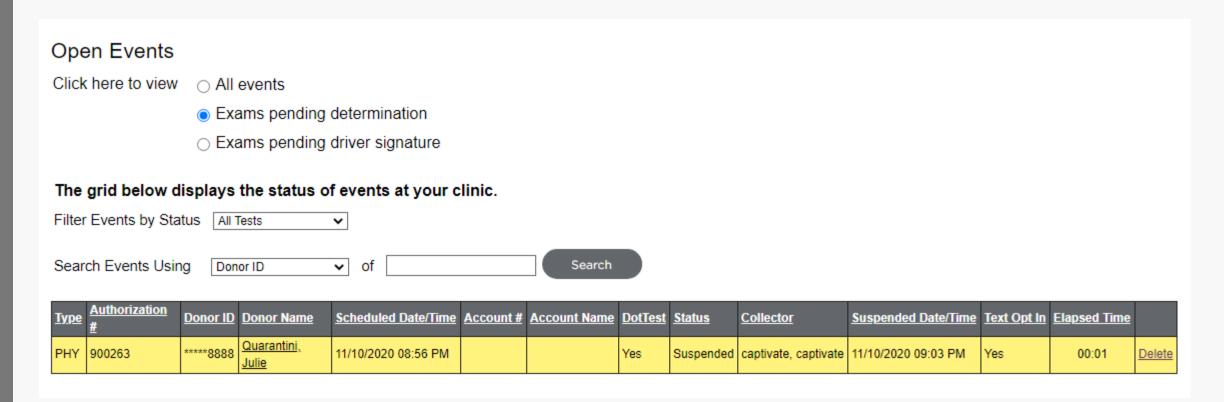
Part III: Completing a DOT Exam from a determination pending status

FormFox DOT Physical Exam How To Series: Examiner



### **Open Events – Exams pending determination**

When the pending determination exam is ready to be amended, click on the **Exams pending determination** radio button to access the exams on the **Open Events** page.



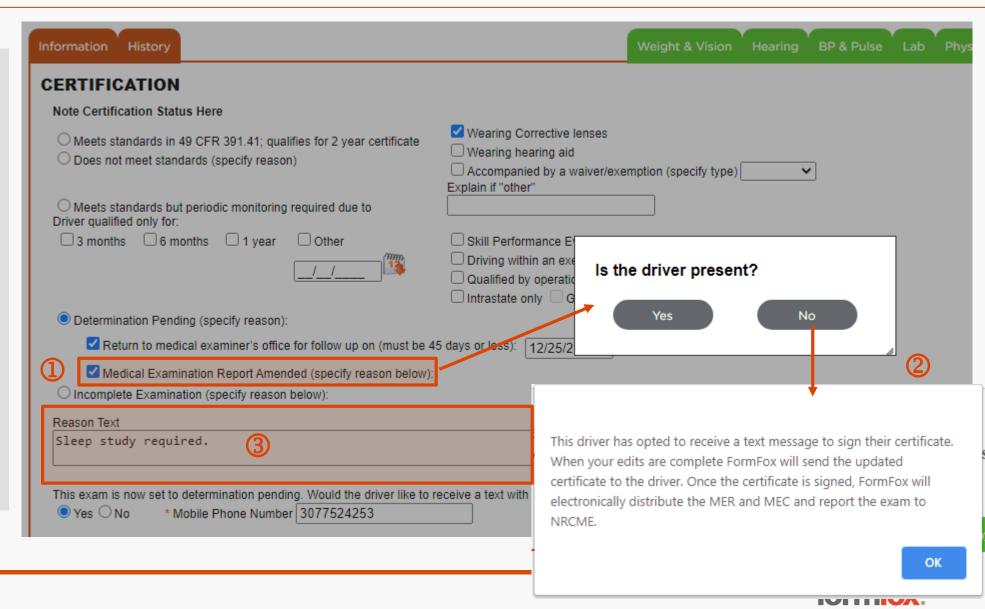


#### How to amend an exam

Certification

#### **Where: Certification Tab**

- 1. Select Medical Examination Report Amended (specify reason below) checkbox.
- A pop-up message will appear asking: "Is the driver present?"
   Clicking "No" will display another pop-up message notifying you about the text message signature process.
- 3. Enter comments regarding amending the exam in the Reason Text field.



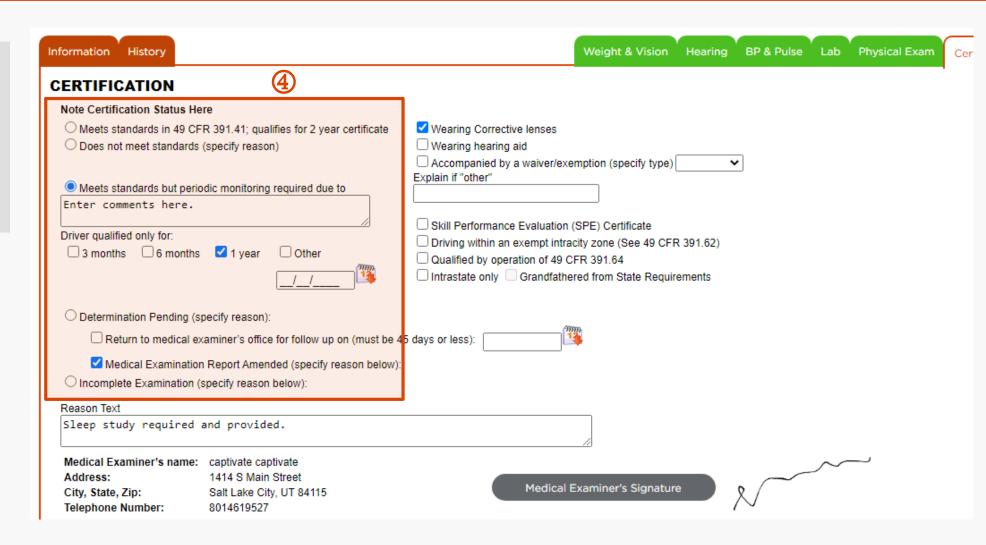


## Assign a certification status

#### Where: Certification Tab

4. Select the Certification Status.

Make sure to specify your reason for selecting the certification if prompted.







### Amend an exam – Patient is present at the clinic

If the patient is present at the time the exam is amended, you will capture the patient signature.

Would you like to provide us a mobile number so that if your certification changes for whatever reason, we can text you the updates for you to sign without having to return to the clinic.

O Yes O No

Medical Examiner's name: captivate captivate Address: 1414 S Main Street City, State, Zip: Salt Lake City, UT 84115

Telephone Number: 8014619527



Open and view both the MER and MEC and click Finish.

Send Medical Examiner's Certificate to the following email address:		
Send Medical Examination Report to the following email address:		
BILLING INFORMATION		
Select Medical Examination Report and Medical Examiners Certificate bu	outtons to generate these documents.	
Medical Examination Report Medical Exam	miner's Certificate Suspend	Reprint Medical Examiner's Certificate
Finish		
Examiner must distribute exam documents		

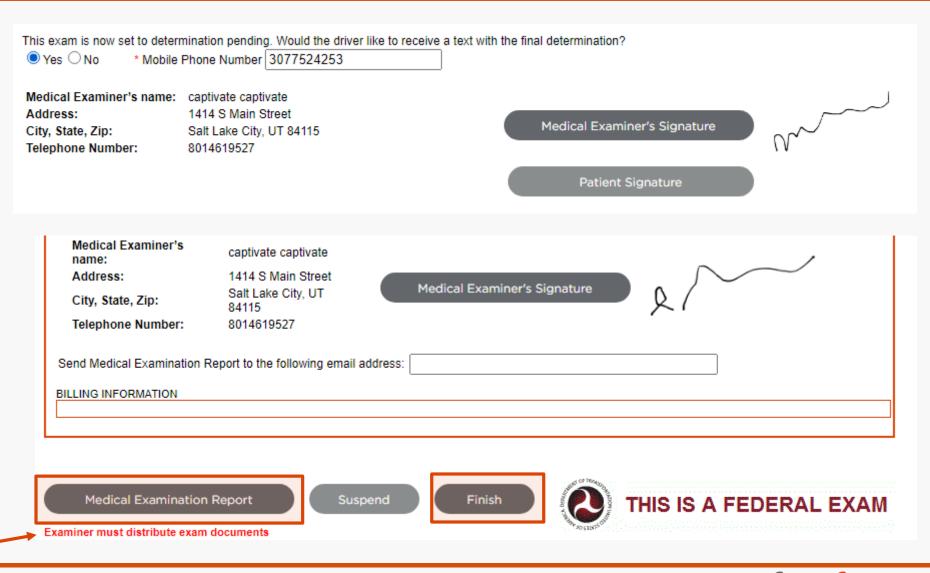


## Amend an exam – Patient is not present at the clinic

If the patient opted to sign the amended exam via text, the patient signature button will not be active. Your next step is to open the Medical Examination Report.

Click Finish after you are done viewing the MER. This action will send a text to the patient with a link to sign the amended exam on their smartphone.

FormFox will report the completed exam to the NRMCE after the patient signs. Additionally, both the MER and MEC will automatically be distributed if the exam was pre-ordered. If the exam was started from scratch, you will need to log into FormFox and print/email both the MER and MEC. The red text underneath the MER will let you know the distribution process.







# Part IV: How to edit a completed exam

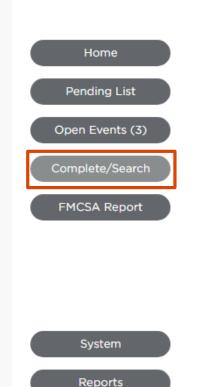
FormFox DOT Physical Exam How To Series: Examiner

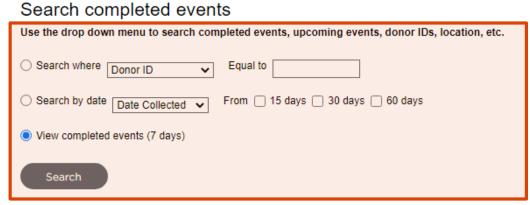


#### **Completed Exams**

View your completed exams on the **Complete/Search** page.

The default view will list the completed events from the past 7 days. To expand this view, switch to a different search criteria. For example, you can search by date collected from the past 30 days.



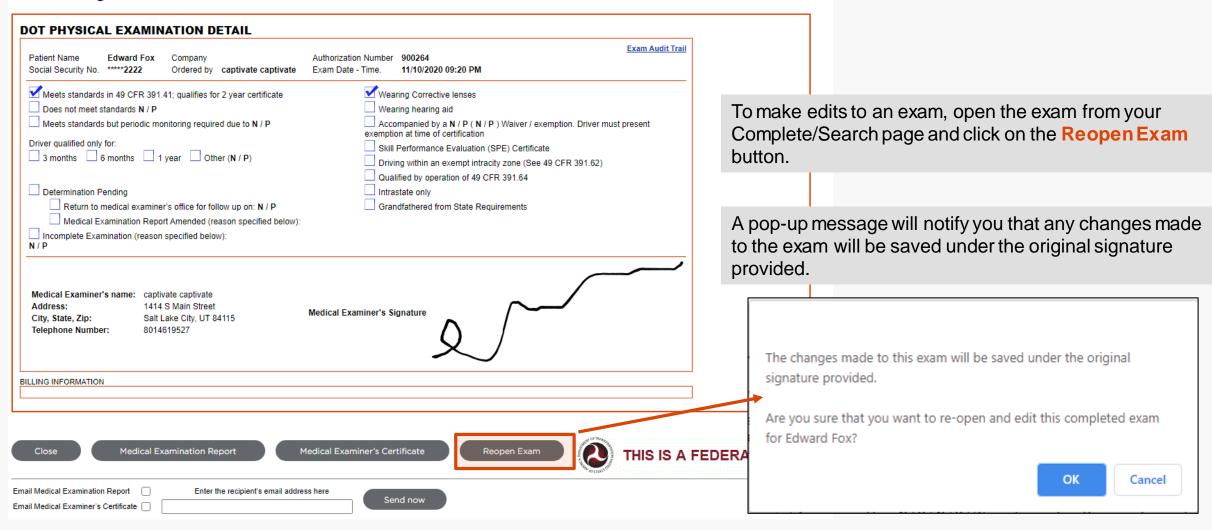


<u>Type</u>	Authorization #	Donor ID	Donor Name	Collected	<u>Status</u>	Account #	Specimen ID	Account Name	Client Reference ID	Business Owner ID	<u>Paid</u>
PHY	900264	*****2222	Fox, Edward	11/10/2020	ок						
DRG	900240	***2345	Fox, Fred	11/09/2020	ок	CRL.FFOX.DOTTEST.WFTEST	CF01450180				
DRG	900239	***2345	Fox, Fred	11/09/2020	ОК	CRL.FFOX.DOTTEST.WFTEST	CF01605003				



#### **Editing an exam**

#### **DOT Physical Exam**



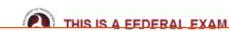


#### What can I edit?

If you are reopening the exam during the 7-day grace period, you can edit all the tabs except for the 32 questions listed on the History tab. If you need to make any edits on this tab, add them in the Medical Examiner's Additional Comments text box.

\*\*You cannot update the certification status to either determination pending or incomplete examination during the 7-day grace period.\*\*

DOT F	hysical Exam					
nformation	History	We	eigl	ht &	Vis	tion Hearing BP & Pulse Lab Physical Exam Certification
	ith an asterisk (") are required, after answering all the history questions pleasure or have you ever had:	se revie	wa	and d	ick	"Submit".
Not	•			No		
Yes No Sure	Head/Brain injuries or illnesses (e.g., concussion)	Yes				16. Dizziness, headaches, numbness tingling, or memory loss
- Z - ·	2. Seizures, epilepsy		V			17. Unexplained weight loss
000	S. Eye problems (except glasses or contacts)		<b>V</b>			18. Stroke, mini-stroke (TIA), paralysis, or weakness
0 2 0 .	Ear and/or hearing problems		√			19. Missing or limited use of arm, hand, finger, leg, foot, toe
O 2 O •	5. Heart disease, heart attack, bypass, or other heart problems		V.		٠	20. Neck or back problems
	R. Pacemaker, stents, implantable devices, or other heart procedures		V			21. Bone, muscle, joint, or nerve problems
	7. High blood pressure		4		٠	22. Blood clots or bleeding problems
	8. High cholesterol		V		٠	23. Cancer
	Chronic (long-term) cough, shortness of breath, or other		√		٠	24. Chronic (long-term) infection or other chronic diseases
	breathing problems		V.			<ol> <li>Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring</li> </ol>
	10. Lung disease (e.g., asthma)		Ø.			26. Have you ever had a sleep test (e.g., sleep apnea)?
	<ol> <li>Kidney problems, kidney stones, or pain/problems with urination</li> </ol>					27. Have you ever spent a night in the hospital?
0 2 0 .	12. Stomach, liver, or digestive problems					28. Have you ever had a broken bone?
000	13. Diabetes or blood sugar problems					29. Have you ever used or do you now use tobacco?
000	<ol> <li>Anxiety, depression, nervousness, other mental health problems</li> </ol>		2			30. Do you currently drink alcohol?
	15. Fainting or passing out		8			31. Have you used an illegal substance within the past two years?
			₹			32. Have you ever failed a drug test or been dependent on an illegal substance?
	ndition(s) not described above					
Yes No						
						<i>h</i>
bu answered "Y	ES" to a question(s). Please comment further on those health conditions	Re the	vie v diri	v and ver's	dis res	iner's Comments cuss pertinent driver answers and any available medical records. Comment on ponses to the "health history" questions that may affect the driver's safe operation of motor vehicle (CMV).
Driver's Comn	nenta	Ex	am	ilner	8 (	Comments
Q16 - Migrair	nes 2-3 times a month.	9	216	3 - R	900	mmend follow-up with provider.
1						
Medical Examin	er's Additional Comments					
						Patient Signature

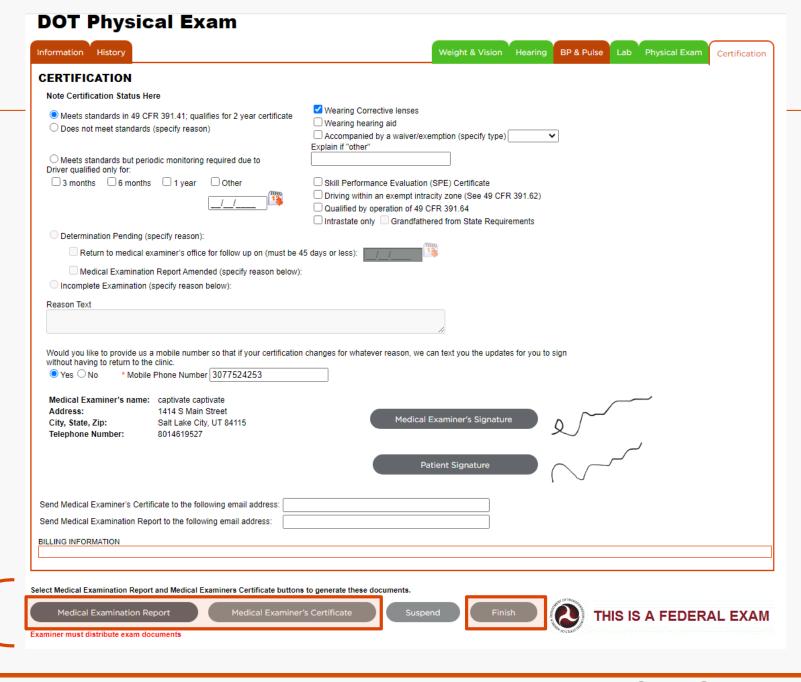


# Regenerate the updated MER and MEC

\*\*If no updates were made, click on one of the other tabs (not certification) to access the Close button.\*\*

If you make any updates on any of the tabs, make sure to click **Submit**.

To resubmit the updated exam to the NRMCE, you will need to reopen both the MER and MEC. Click on both the Medical Examination Report and Medical Examiner's Certificate buttons. Click Finish to complete the update.





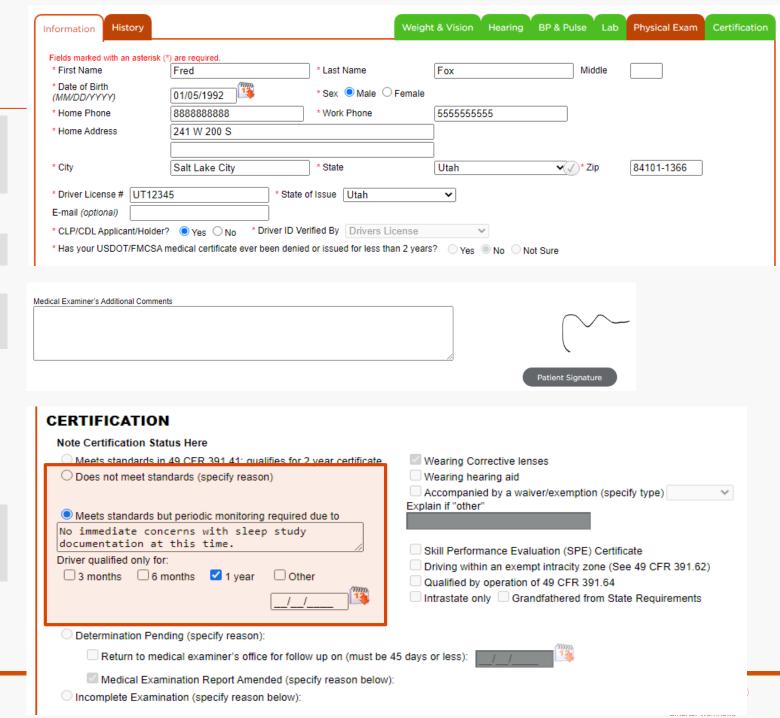
# Editing after the 7-day grace period – Original Examiner

If you are reopening the exam after the 7-day grace period and you are the original examiner, you can only edit the following:

**Information Tab:** Patient Information

**History Tab**: Comments can be added in the Medical Examiner's Additional Comments text field.

**Certification Tab**: Certifications can be changed to **Does not meet standards or Meets standards but periodic monitoring required to options.** 



#### Editing after the 7-day grace period – Different Examiner

If you are reopening the exam during or after the 7-day grace period and you are NOT the original examiner, you can only edit the patient's information on the Information tab. You will also see a pop-up message letting you know that you are not the original examiner.

